

October Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

1
Cheeseburger WG bun
French fries
Green beans

2
Dutch Waffle WG
Strawberry yogurt
Dragon punch
veggie juice
Grape tomatoes

3
Rosh Hashanah

4
Pizza bites
Marinara sauce Tossed
salad, dressing
Steamed broccoli

7
Chicken nuggets
Sweet potato fries
Baked beans

8
Nacho tacos
Corn

9
French toast sticks
Turkey sausage links
Dragon punch
veggie juice
Celery and carrot sticks,
ranch dip

10
Chef choice
chicken stir fry
Brown rice
Stir fry vegetables

11
Stuffed crust pizza
Tossed salad, dressing
Steamed broccoli

14
Columbus Day

15
Cowboy burger
Potato wedge
Baked beans

16
Soft pretzel lunch (WG)
Yogurt cup
Celery and carrot sticks
ranch dip

17
Meatball sub
Tater tots
Corn

18
1/2 Day (pre-K-12)
Breakfast Available

21
Chicken patty WG bun
Mashed potato
Green beans

22
Walking taco
Corn

23
Pancake on a stick
Strawberry yogurt
Dragon punch
veggie juice
Grape tomatoes

24
Hot dog with bun
French fries
Steamed carrots

25
Cheese pizza
Tossed salad, dressing
Steamed broccoli

28
Popcorn chicken
Baked beans
Baby carrots, ranch dip

29
Loaded tater tots
Steamed carrots
Green beans
Chocolate chip cookie

30
Mini maple waffle
Turkey sausage links
Dragon punch
veggie juice
Grape tomatoes

31
Cheeseburger, WG bun
Sweet potato fries
Baked beans